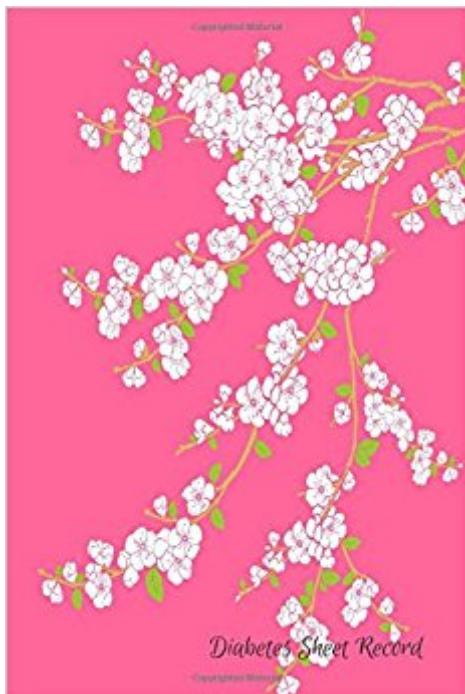


The book was found

Diabetes Sheet Record: Blood Sugar And Meal Log



Synopsis

Blank Blood Sugar LogGet Your Copy Today!Portable Size 6 inches by 9 inchesEnough Space for writingInclude Sections for:YearMonthDateMealsBreakfastLunchDinnerSnacksBedtimeNotesBuy One Today and keep track of your sugar level

Book Information

Paperback: 103 pages

Publisher: Independently published (June 8, 2017)

Language: English

ISBN-10: 1521463409

ISBN-13: 978-1521463406

Product Dimensions: 6 x 0.2 x 9 inches

Shipping Weight: 7.5 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

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Customer Reviews

Perfect to keep up with my blood sugar test and room for comments, etc. I recently found out that I'm diabetic and I'm testing 3 to 4 times a day so that I can see how what I eat affects my blood sugar. This log book has an entry place for Fasting (before breakfast) and before and after all other meals and bedtime. I even write my blood pressure results in it so that I'll have my readings all in one place. I can put this in my purse and take it to the doctor with me so he can see exactly how I've been doing since my last visit.

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